



Hepcidin Sample Collection and Shipping Checklist

Sample Collection, Labeling, and Storage

- First morning fasting sample preferred but not required, avoid iron rich meals
- Sample type: serum or Li-Heparin plasma
- Sample volume: 0.5 mL (0.25 mL acceptable for pediatric specimens)
- Aliquot tube: polypropylene tube, preferably screw cap. Do not use polystyrene tubes.
- Aliquot tube's label must contain the following and match the data entered on the Laboratory Requisition Form:
 - Patient's full name
 - Date of birth
 - Date and time of collection
- If the sample will ship the same day as collection (Monday - Thursday), store at 2-8°C. If unable to ship the sample the same day as collection, freeze at -20°C until shipment.
- Complete the Laboratory Requisition Form and Client Registration Form (if a first time client).
- Ensure the physician's NPI # and signature are present, as well as the signature of the party responsible (patient or institution) for the \$150 payment. Hepcidin does not have a CPT code at this time and is not covered by insurance.

Priority Overnight Shipping

Please note, IntrinsicDx does not accept sample shipments on weekends or federal holidays.

- Email or Fax the completed Laboratory Requisition Form, Client Registration Form (if applicable) and the tracking number to IntrinsicDx *before* shipping so we can track the sample.
- Place the sample into a specimen transport bag with the completed forms in the outer pocket.
- Ship Priority Overnight Monday - Thursday in a Styrofoam box with the sample sandwiched between frozen ice packs, or on dry ice to:.

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Rejection Criteria

- Sample which is grossly hemolyzed, icteric or lipemic
- Sample with < 0.5 mL volume or 0.25 mL volume if from a pediatric patient
- Sample received warm to the touch, as frozen whole blood, or damaged in transport
- Sample identification does not match the Laboratory Requisition Form with at least two unique identifiers